



# MBBC

More Bicycling = Better Community!

Mt. Baker Bicycle Club Newsletter, Volume 17 Number 1, February 2008

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This month's contributors:  
Damon Call, Tela Crane, Phil  
Elsasser, Marie Kimball, Ryan  
Rickerts, Doug Schoonover.  
*Thank you all!*

**2008 Special Rides**  
see 2008 *mark-your-calendar*  
section on page 5

**2008 Events** (p 5)  
Seattle Bike Swap: Feb 23  
Seattle Bike Expo: March 8-9  
Whatcom Outdoor Expo: Apr 19  
Everybody Bike Month: May  
Bike to work day: May 16

MBBC listserv--[http://sports.  
groups.yahoo.com/group/Mt-  
BakerBicycleClub/](http://sports.groups.yahoo.com/group/Mt-BakerBicycleClub/)

Club Website:  
[www.mtbakerbikeclub.org](http://www.mtbakerbikeclub.org)



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**HAPPY NEW YEAR!**



MBBC Ride Coordinator Doug Schoonover starts 2008 with the New Year's Day ride, followed by a Guinness shared with friends. Happy New Year from the MBBC to all our members and guests, and best wishes for safe riding in 2008.

\*\*\*  
**2008 GROUP HEALTH  
SEATTLE INTERNATIONAL  
BICYCLE EXPO:  
VOLUNTEERS NEEDED**  
[www.cascade.org/EandR/expo](http://www.cascade.org/EandR/expo)

Again this year the MBBC will have a booth at the 2008 Group Health Seattle International Bicycle Expo to promote the Chuckanut Century, Tour de Whatcom and other cycling opportunities that exist in Whatcom County.


The dates are March 8th and 9th, Saturday and Sunday, in Seattle at Cruise Terminal 30. Volunteer for a 2 hour shift and get free admission. Hours are 9:00AM--6:00PM Saturday and 10:00AM--4:00PM Sunday. Sign up soon: spots are going fast. Contact Doug Schoonover, Doug.Schoonover@gmail.com or (360)410-6431 to reserve your spot. This is a great way to spend the day, check out the new equipment, check out rides in other areas, attend seminars and demonstrations, and maybe even find a bargain or two.

## FEBRUARY SPECIAL RIDES

**President's Day Ride Feb 18** This road ride was organized in past years by the late Bob Lindquist, who is dearly missed by the Bellingham cycling community. Don Ligoeki (contact info: 384-2274 at Lummi Fitness) is stepping up to keep the ride going this year. Plan is to start at Bennett and McAlpine at 9:00 am for a social ride to Ferndale and back. Check with Don if you're interested in riding.

**Chilly Hilly: Feb 24 -**  
[www.cascade.org/EandR/chilly](http://www.cascade.org/EandR/chilly). With Chilly February weather and 2,675 feet of Hilly climbing, the name says it all! The 33-mile route around Bainbridge Island starts with an early morning ferry ride across Puget Sound from Seattle.

Join us Sunday, February 24 on the ride Bicycling Magazine named *One of Four Classic Rides* in the nation! It will be hilly, chilly, maybe even wet and miserable. We'll meet at Starbuck's in Sehome Village very early before dawn (tentatively: 5:30 am) on Sunday morning and carpool to Seattle. After the ride we will stop for lunch before coming home. Last year we ate at a great Irish pub in Seattle. Pack some dry clothes, dress warmly and join us for a great time. Questions, call Doug Schoonover at (360)410-6431 or email: [ridecoordinator@mtbakerbikeclub.org](mailto:ridecoordinator@mtbakerbikeclub.org).

**BIKE MONTH PLANNING MEETING: 2/6**  
February 6, 6:30 pm at the library. Meeting to plan this year's Bike to Work & School Day events, as well as plan activities for Everybody Bike Month. 

## WEEKLY AND GROUP RIDES



**Tuesday Jekyl and Hyde** (April - September); Starts from parking lot of Whidbey Island Bank, 920 W. Bakerview Road. Meet at 5:45, depart 6:00 pm. 16-18 mph, slower group splits off if necessary. [ridecoordinator@mtbakerbikeclub.org](mailto:ridecoordinator@mtbakerbikeclub.org) or 410-6431. Gather at Jekyl & Hyde pub afterward.

**Tuesday Social Ride:** 10am, starts from Pioneer Park in Ferndale, 30-40 miles, 13-16 mph route varies. Info: Robert Parker at [rmp4724@az.com](mailto:rmp4724@az.com) or 360-671-6910

**Tuesday Training ride:** (summer months) 30-40 miles, 18 mph (race pace), "Hot Laps" ride departs from Kulshan Cycles at 6 pm to a practice road race course

**Wednesday Fanatik Off Road** rides: Weekly group rides during daylight-time months leaving the shop or other sites around town between 5-6pm. Contact Kathy Salisbury at Fanatik Bike Shop: (360) 756-0504 or check the calendar at [www.fanatikbike.com](http://www.fanatikbike.com). Please call the store to sign up.

**Wednesday "Hammer" Ride:** Race/Training Pace, 30 mile distance, meet at 5:45 pm, leave at 6PM from Boundary Bay Brewery at Railroad Avenue. Ride separates into fast and very fast groups. (From Oct-Mar this is a night trail ride with lights). Re-group at brewery afterwards (7:30 pm). Contact: [ridecoordinator@mtbakerbikeclub.org](mailto:ridecoordinator@mtbakerbikeclub.org) 410-6431

**Wednesday Social Ride** (summer months): leave at 6pm from Boundary Bay Brewery, 15-20 mile distance, 11-13 mph pace. No regular ride leader at this time.

**Saturday Donut Ride:** 24 - 45 miles, race pace, departs from Kulshan Cycles, 7:30 am Oct thru Feb and 7 am March thru Sept. Goes to Ferndale for coffee and return, or if you wish continue to Birch Bay and return. (Every week of the year!!)

**Saturday Recumbent Ride:** Second Saturday of the month at 10 am. 14 mile intown course begins at Kulshan Cycles. Sporadic depending on weather--Contact Robert Parker at [rmp4724@az.com](mailto:rmp4724@az.com) or 360-671-6910

**Saturday WhIMP MB Ride** 10 am. Meet at the tennis courts at Lake Padden. Intermediate to advanced ride. Contact Darren, 733-3441, or [www.whimpsmtb.com/info.htm](http://www.whimpsmtb.com/info.htm) for more information

**Saturday Women's Road Ride** from Kulshan Cycles, 8am starting in May - two groups according to speed and skill. Heavy rain cancels.

**everybodyBIKE Community Rides:** Check website: [www.everybodyBIKE.com/calendar.aspx](http://www.everybodyBIKE.com/calendar.aspx) for listings

## We're Much More Than a Club!

Recreation -Mt. Baker Bicycle Club hosts weekly, monthly and a variety of annual recreation rides for members and guests throughout the year.

Rides are oriented to all levels of ability including beginners, social riders, commuters, touring and high level race training. Check the newsletter for current rides and come along as our guest!

Education - Bicycling safely is a learned skill. The Club offers courses in partnership with the Bellingham Parks Department. We work with local groups to host bike skills rodeos at annual community fairs. Funds raised by club activities help support training of more teachers, training bicycle skills to kids means a lifetime of safer roads.

Encouraging bicycling is an important part of the Club's education work. Our annual Bike to Work and School Day promotion has helped hundreds of commuters "Be part of the solution" launching careers of folks bicycling to work or cycling their kids to school.

Trails - In partnership with Whatcom TrailNet and the Whatcom Independent Mountain Pedalers, the Club helps advocate for development of a complete trail and mountain-bike network throughout Whatcom County. The Club works with Bellingham Walks to improve the system of walking paths connecting communities both in cities and rural areas so that our children have safe routes to get to school.

Race Training - Weekly club rides offer new and seasoned high-level riders the chance to improve team riding skills. In partnership with the Ken Meyer Memorial Foundation, the Club hosts annual Criterium Bike Race events. Whether training for professional-class races or for endurance events or tours, these weekly training rides give Club members the extra edge to compete and win.

### **Mt. Baker Bicycle Club vision:**

Residents and visitors of all ability levels enjoy frequent and safe cycling throughout the Whatcom County region.

**Our Mission:** Encouraging and assisting everyone to experience safe and healthy cycling for recreation, transportation, or racing on roadways and trails in and around Whatcom County.

### **Mt. Baker Bicycle Club goals:**

1. Increase the number of people bicycling regularly
  - conducting and supporting recreational and educational bicycle events and rides
  - helping all types of people enjoy bicycling
2. Encourage safe and enjoyable bicycling
  - educate the public on safe bicycling skills and sharing the road
  - communicate issues of interest to bicyclists
3. Advise decision makers on facilities and policies that maintain or improve safe bicycling conditions on roadways and trails
4. Promote bikes as environmentally friendly transportation
  - partnering to reduce environmental damage of transportation

### **Mt. Baker Bicycle Club Board of Directors and Officers:**

Ellen Barton - President; Marie Kimball - Membership; Jim LeGalley, Treasurer; Doug Schoonover, Ride Coordinator; Jamie Starks, Donna Merlina, Paul Clement, John Hill, Cathie Gerlicher, Paul Goff

### **Contacts:**

Ellen Barton--[raleigh3speed@hotmail.com](mailto:raleigh3speed@hotmail.com) (734-8540)  
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Jennifer Longstaff--[mbbcnewsletter@mtbakerbikeclub.org](mailto:mbbcnewsletter@mtbakerbikeclub.org)

### **Contribute to the newsletter:** submission guidelines:

Contributions of articles, editorials, photographs, and artwork are welcome for inclusion in the newsletter. Anything related to bicycling will be considered; please discuss ideas with the editor in advance to reserve newsletter space or if you have questions. Final materials are due the last Friday before the last full weekend of every month, though earlier submissions are appreciated. Text can be submitted in any common format, for example: plain text, RTF, HTML, MS Word, etc. Please use JPG or TIFF format for photos, and ensure they are at least 300 dpi. Any articles may be edited for grammar, spelling, and space considerations.

Please notify the MBBC of upcoming cycling events for inclusion in the events list. Provide details as well as contact information.

Email the newsletter editor: [mbbcnewsletter@mtbakerbikeclub.org](mailto:mbbcnewsletter@mtbakerbikeclub.org), or mail to: Editor, MBBC Newsletter; PO Box 2702; Bellingham WA

We are indebted to Sunshine Printing,  
[www.sunshineprinting.net](http://www.sunshineprinting.net), 207 W. Holly St. in  
Bellingham for printing the MBBC newsletter



## CYCLOCRAZED HERE, THERE, AND IN BELLINGHAM:

### WRAP UP TO 2007 'CROSS SEASON... AND LET'S GET EXCITED FOR '08

1/25/2008:

As I write this, the pre-race warm-up ruts at the Brandie Sports Center in Treviso, Italy are just now hardening in the sand and grass for the first day of the World Cyclocross Championships tomorrow. Unfortunately, it already appears the weekend will be less than a monumental breakthrough for Americans compared to last year's stunner, where (if you've been hibernating through winter) U.S. riders took silver in the Elite Men (Jonathan Page), Elite Women (Katie Compton), and Junior (Danny Summerhill) categories. Ryan Trebon, our top U.S. rider from the NW, sponsored by Kona, has already withdrawn due to a back injury sustained in a spectacular crash while going for the win at U.S. Nationals. His nearest competitor in the National series, Tim Johnson, has been sick. Katie Compton may not start due to a muscle problem.

But really, nothing that happens this weekend can get me down about 'cross. As exciting, important (to sponsors), and hugely popular European 'cross racing is (20,000 spectators are expected in the facility over the weekend -- for free!), its success is not nearly as remarkable as the growth we have seen in our very own region over the past few years, and that's just counting the most important contingent (in my mind): the participants.

For example, the Cross Crusade in Portland started 1,078 racers in its first race of the season at the Alpenrose Dairy on October 7th, the largest one-day 'cross race in North America, followed by six more fabulously fun races spread out until late November. They also hosted the final weekend of the Crank Brothers USGP Cyclocross series in early December with much flair, as well as the World Singlespeed CX Championships, which were just nutty.

Seattle offered up its classic nine event series with varied courses and a high degree of loyalty and dedication. Add to that the UCI-sanctioned Rad Racing Gran Prix at Fort Steilacoom Park; the bright-lights, music-thumping, beer-garden variety StarCrossed event at the Marymoor Velodrome in Redmond; plus other one-time events like Crosstoberfest and the State Championships, and you've got a real full season down there. Finally, the Seattle action was capped with a new, late-season race at Magnuson

Park on Dec. 30th called *Kringle Kross*. No shortage of good times for racers and fans alike.

That's all well and good, but let's look just at the action within our own Whatcom County, and there are plenty of excuses for adding to your already prodigious collection of bikes:

(1) The CycloCrazed series that started in 2006 with two races hosted locally grew to three races in 2007 and has drawn 273 unique participants so far, with racers age 3 to (at least) 56. Further, all the courses were new this past year (expanding our territory, if you will). *You can expect this series to grow.*

(2) Wednesday night practices saw as many as 30 riders, even as the evenings turned dark and the weather inclement. Two sponsors, RunningShoes.com and Norka Recreation, stepped forward to cover the Park impact fee plus turning on the lights.

*You can expect this workout to grow.*

(3) Last, and certainly not least, four riders from the WWU Cycling team attended the U.S. Nationals in Kansas City, KS on December 15th in frigid, icy conditions that frightened many accomplished riders from the start line. At the finish, all four members stood atop the podium for Division II schools, with Tela Crane crowned the National champion for the Women's race. These outstanding results netted the team the overall championship for DII, a first for our local university. *You can expect this program to grow.*

So in recap, even with the ink not yet dry on the biggest global race of the season, our subdued little city has plenty of reasons to get excited about this mysterious and oft-

maligned faction of the sport of cycling. Much like those incredibly irresistible stock offers you get by e-mail, this is a great time to get in early! This sport is going to get hot.

---- Ryan Rickerts  
ryan@cyclocrazed.com  
www.cyclocrazed.com



**"We have been too kind to those who  
are destroying the planet. We have  
been inexcusably, unforgivably,  
insanely kind."**

**- Derrick Jensen**

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## ONLY A FEW WEEKS LEFT FOR THE WEDNESDAY NIGHT TRAIL RIDE!

The Wednesday night trail rides will end soon! So join us while you still can. The ride will return to the road after Daylight Time starts on the second Sunday in March. Therefore March 5 will be your last chance if you haven't been part of the group already.

The ride has been attracting a larger group this year, probably helped by some of the recent dry (though still cold) weather.

The Wednesday group may soon have a brush with fame - the group was joined in January by a reporter and photographer from WWU's *Klipsun* Magazine: [//klipsun.wwu.edu/](http://klipsun.wwu.edu/) Watch for an article featuring the Wednesday riders in an upcoming issue of *Klipsun*. *Klipsun* is available around town; check Village Books and the various coffeehouses where publications are usually found. It's also available at WWU, specifically the Communications Building.



Wednesday riders gather to hit the trails on a chilly January evening -- and at the Brewery afterward. *photos by Damon Call*

## MBBC MEMBERSHIP FORM

☐ New Member    ☐ Renewing Member    ☐ This is a change of address

Last name: \_\_\_\_\_ First name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Postal Code: \_\_\_\_\_

E-mail: \_\_\_\_\_

Home telephone: \_\_\_\_\_ Work telephone: \_\_\_\_\_

Associate member: \_\_\_\_\_

(An associate member can be any person living at the same address as the individual member)

May we share your contact information with other organizations? ☐ yes ☐ no

Would you like to help? Volunteers are our most valuable resource.

Please check any of the boxes that appeal to you and we will be in touch:

☐ Ride Leader    ☐ Newsletter    ☐ Mailings or Data

☐ Bike to Work and School Day    ☐ Chuckanut Century

☐ Special events    ☐ Website Maintenance    ☐ Education

☐ I can provide discounts on \_\_\_\_\_

### Membership type:

Individual: \$15 \_\_\_\_\_

Family/Associate: \$25 \_\_\_\_\_

Additional Donation: \_\_\_\_\_

(donations support bike safety education)

Total enclosed: \$ \_\_\_\_\_

Please enclose a check payable to:

Mt. Baker Bicycle Club

(There will be a \$20 fee for all returned checks.)

Mail to: Mt. Baker Bicycle Club  
Post Office Box 2702  
Bellingham, Washington 98227



## 2008 SPECIAL RIDES: Mark Your Calendar!

*February - see February special ride details on p. 1*  
 President's Day Ride (MBBC) Feb 18  
 Chilly Hilly (Seattle/Bainbridge) Feb 24  
[www.cascade.org/EandR/chilly/](http://www.cascade.org/EandR/chilly/)

*March*  
 McClinchy Mile (Snohomish County) March 15  
[www.bikesclub.org/html/mcclinchy/mcclinchy.htm](http://www.bikesclub.org/html/mcclinchy/mcclinchy.htm)

*April*  
 Tulip Pedal (Skagit County) April 5  
[www.skagititems.com/tpedal\\_main.htm](http://www.skagititems.com/tpedal_main.htm)  
 Tour de Lopez (Lopez Island) April 26  
[www.lopezisland.com/tour.html](http://www.lopezisland.com/tour.html)

*May*  
 Ride Around Clark County (down south!) May 3  
[www.vancouverbicycleclub.com/RACC.html](http://www.vancouverbicycleclub.com/RACC.html)  
 Skagit Spring Classic (Skagit/Whatcom County) May 10  
[www.skagithbicycleclub.org/articles/765](http://www.skagithbicycleclub.org/articles/765)  
 Camano Climb (date unknown)

*June*  
 Fort2Fort (Port Townsend): June 8  
[fort2fortride.org](http://fort2fortride.org)  
 Flying Wheels (King County/east side & Snohomish county) June 14  
[www.cascade.org/EandR/flying/](http://www.cascade.org/EandR/flying/)  
 Tour de Blast (Mt St Helens) June 21  
[www.tourdeblast.com/](http://www.tourdeblast.com/)

*July*  
 STP (Seattle to Portland) July 12-14  
[www.cascade.org/EandR/stp/](http://www.cascade.org/EandR/stp/)  
 RAMROD (Mt. Rainier) July 31  
[www.redmondyclingclub.org/RAMROD/](http://www.redmondyclingclub.org/RAMROD/)

*August*  
 Tour de Whatcom (Whatcom County) Aug 2  
[www.tourdewhatcom.com](http://www.tourdewhatcom.com)  
 RAW (Ride Around Washington) August 2-9; *sold out\*\**  
[www.cascade.org/EandR/raw/](http://www.cascade.org/EandR/raw/)  
 RSVP (Seattle to Vancouver BC) August 15-16 *sold out\*\**  
[www.cascade.org/EandR/rsvp](http://www.cascade.org/EandR/rsvp)  
 RAPSody (Puget Sound area) Aug 23-24  
[www.rapsodybikeride.com](http://www.rapsodybikeride.com)  
*\*\* ride sold out? don't give up... watch message boards for people selling extra tickets throughout the summer*

*September*  
 Mt. Baker Hill Climb (Whatcom County) Sept 7  
[www.norkarecreation.com/hcindex.html](http://www.norkarecreation.com/hcindex.html)  
 Chuckanut Century (Skagit/Whatcom County) Sept 14  
 Trek Tri-Island (San Juan Islands) Sept 20-22  
[www.cleanairadventures.org/trek\\_tri\\_island](http://www.cleanairadventures.org/trek_tri_island)  
 Tour de Whidbey (Whidbey Island) Sept 27 (unconfirmed)

*October*  
 Kitsap Color Classic: Oct 5



## 2008 EVENTS

Seattle Bike Swap: February 23  
[www.cascade.org/EandR/bikeswap/](http://www.cascade.org/EandR/bikeswap/)  
 Seattle Bike Expo: March 8-9  
[www.cascade.org/EandR/expo/](http://www.cascade.org/EandR/expo/)  
 Whatcom Outdoor Expo: April 19  
[www.whatcomoutdoorexpo.com/](http://www.whatcomoutdoorexpo.com/)  
 Everybody Bike Month, Bellingham: May 1-31  
<http://www.everybodybike.com/>  
 Bike to work & school day: May 16



## WHAT TO WEAR TO RIDE -- EVEN IN THE SNOW!

I strongly recommend the Pearl Izumi Barrier Jacket. I have been using it for the past two years and it has seen me through the ugliest weather for Ski to Sea, rides with snow and has kept me dry and warm. It has a nylon exterior but has breathing panels and reflective piping for visibility. I love the fleece type lining as well. This is one of the best gifts I've ever received! Thanks Dennis and Lesley.



This fall I went into Fairhaven Bike and Mountain Sports and found a great new winter cycling tight made by Specialized for women for only \$80.00! They are made with an inner material called *Therminal* and I love them. I have skied in them in 20 degree conditions and cycled in snow and have still stayed warm!

I do a large amount of foul weather cycling living in the Pacific Northwest (rain, snow, hail, wind) and have found that I quickly go through overshoes between my mountain bike shoes and road shoes. I highly recommend the Endura Neoprene overshoes with reinforced toe and foot base. I have had some extremely muddy rides and they have kept my shoes dry and clean.



Finally we all know if your hands are not warm you can be in total agony. Everyone I ride with highly recommends Lobster gloves for the warmth and shifting dexterity that they still afford you. Another great gift for a cyclist.



-- Marie Kimball



## NATIONAL CHAMPS IN OUR BACKYARD

### AFTER A SUCCESSFUL 2007 SEASON, WWU CYCLING GEARS UP FOR 2008

In addition to the club cycling that we enjoy in Bellingham, we are fortunate to have a National-Class collegiate team right up the hill. WWU Cycling is a good member of the community as well as a group of strong racers in several cycling areas.

**About the team:** WWU Cycling is a Division II collegiate racing team. Collegiate racing is the fastest growing area of cycling and is one of the few sports that factors both men's and women's results for overall standings. Founded in 2002, the WWU Cycling Team has grown from just a few members to over 40 racers this year. Members of the team participate at many levels and in many disciplines of cycling.

This spring, racers will compete in the Northwest Collegiate Cycling Conference, a six-weekend race series against other regional schools. Last year the team won the overall series with many individual race wins in all categories. Its goal is to repeat and improve upon last year's results. Another major goal is to prepare and send a strong group of racers to the Collegiate Road National Championships to defend the overall title won last year. Members of the team will compete throughout the summer in a variety of regional races on the road, track and mountain bike. Some mountain bike team members will go on to compete in the Collegiate Mountain National Championships in the fall. During the fall the team will also have racers representing WWU in the local non-collegiate cyclocross series. It will be preparing to defend the overall Cyclocross National Championship title won in 2007.

Besides preparing racers for national level events, WWU Cycling is proud of bringing new racers into the sport and providing resources that they need. One of the team's goals for 2008 is to host seminars on different cycling topics to further the growth of the team.

**Collegiate Road Racing Season:** The 2007 road racing season was a great success! The team accomplished many of its goals, including winning the Northwest Collegiate Cycling Conference overall title for the first time. This title is based on results in all categories throughout the five-weekend series. In addition to this overall title, WWU had the best ranking squads in the A, B, and C men and B women's category.

After the successful regional season, a strong team of men and women competed in the Collegiate National Championships in Lawrence, KS in May. On the first day of racing in Kansas, the men's time trial team of Chris Daifuku, Logan Wetzel, Nick

Clayville and Phil Elsasser won the national championship. The women's team of Meagan McPhee, Kristen Stouder, and Heidi Hoff placed second. With strong, consistent performances by all team members in the road race and criterium, including a 5th place finish by Meagan McPhee and a 6th place finish by Brian Williams in the criteriums, the team had enough points to win the overall National Championship title for the first time in school history.

WWU is the team to beat on the road in 2008!

**Collegiate Mountain Bike Season:** Several team members competed in regional non-collegiate mountain bike races throughout the summer and fall in preparation for the Collegiate National Championships. Seven riders traveled to Banners Elk, NC in October to represent WWU at nationals.

The team overcame extremely muddy conditions to have strong placing in every event entered. Notable results in the Gravity events included a Dual Slalom National Championship by Leana Gerrard, who also placed 2nd in the Downhill race, and a 2nd place in the men's Downhill race by Chris Batemen. On the endurance side, Kyle McGilvray placed 3rd in the Short Track race with Logan Wetzel close behind in 5th place. Chris Parrish was the highest placed Cross Country rider in 4th place. Patrick Means competed in every event, placing 3rd in the overall individual omnium, the most tiring competition.

Despite having no women racing on the endurance side, the team finished in 6th place in the team omnium competition. A major goal for 2008 is to develop a stronger women's team.

**Collegiate Cyclocross Season:** WWU Cycling was excited to have a large group of team members racing in the local cyclocross series this year. Close to 10 riders tried out the sport for the first time and five veterans raced throughout the year. The team also helped founding member and race promoter, Ryan Rickerts, put on several races during the year. (See Ryan's *Cyclocrazed* article elsewhere in this newsletter.)

Four riders traveled to Kansas City, KS to compete in the Cyclocross National Championships. The team overcame icy conditions to put every member on the individual podiums, with Tela Crane winning the women's race and for the men: Chris Parrish finishing in 2nd, David Fleischhauer in 4th and Chris Ellis

*WWU Cycling article continued on p. 8*



# Merrill Lynch

## G. Todd Williams

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## THE LATEST FROM OLYMPIA...

These two HB have been recently introduced and are very important measures that fortify preexisting HBs on the subject of safe cycling:



**House Bill 2732** State of Washington 60th Legislature 2008 Regular Session By Representatives Rolfes, Chase, Williams, Rodne, Pedersen, Nelson, Hasegawa, and Uptegrove

AN ACT Relating to passing distance; and amending RCW 46.61.110.

BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:

Sec. 1. RCW 46.61.110 and 2005 c 396 s 1 are each amended to read as follows:

The following rules shall govern the overtaking and passing of vehicles proceeding in the same direction, subject to those limitations, exceptions and special rules hereinafter stated:

(1) The driver of a vehicle overtaking other traffic proceeding in the same direction shall pass to the left thereof at a safe distance and shall not again drive to the right side of the roadway until safely clear of the overtaken traffic.

(2) The driver of a vehicle approaching a pedestrian or bicycle that is on the roadway or on the right-hand shoulder or bicycle lane of the roadway shall pass to the left at a safe distance, of no less than three feet, to clearly avoid coming into contact with the pedestrian or bicyclist, and shall not again drive to the right side of the roadway until safely clear of the overtaken pedestrian or bicyclist.

(3) Except when overtaking and passing on the right is permitted, overtaken traffic shall give way to the right in favor of an overtaking vehicle on audible signal and shall not increase speed until completely passed by the overtaking vehicle.



**House Bill 2564** State of Washington 60th Legislature 2008 Regular Session By Representative Uptegrove Prefiled 01/08/08.

AN ACT Relating to adding bicyclist and pedestrian safety information to drivers' education curriculum; amending RCW 46.82.420; adding a new section to chapter 28A.220 RCW; and creating new sections.

BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:

**NEW SECTION. Sec. 1.** The legislature finds and declares that it is the policy of the state of Washington to encourage the safe and efficient use of the roads by all citizens, regardless of mode of transportation. In furtherance of this policy, the legislature further finds and declares that driver training programs should enhance the driver training curriculum in order to emphasize the importance of safely sharing the road with bicyclists and pedestrians.





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Yard Waste • Food-Soiled Paper • Food Scraps

- All-in-one-toter
- Every-other-week service
- Year-round
- \$8/month

Commercial service also available  
**734-3490**  
*Your home team — serving Whatcom County since 1929*

**CONSTRUCTION SERVICES**

- Waste/Recycling Collection  
Recycle 8 materials in one bin!
- Portable toilets
- Storage containers

**734-3490 / 734-2051**  
(24-hr dispatch)  
*Your home team — serving Whatcom County since 1929*



**NEW SECTION. Sec. 2.** This act may be known and cited as the Matthew "Tatsuo" Nakata act.

Sec. 3. RCW 46.82.420 and 2007 c 97 s 3 are each amended to read as follows:

(1) The advisory committee shall consult with the department in the development and maintenance of a basic minimum required curriculum and the department shall furnish to each qualifying applicant for an instructor's license or a driver training school license a copy of such curriculum.

(2) In addition to information on the safe, lawful, and responsible operation of motor vehicles on the state's highways, the basic minimum required curriculum shall include information on: (sections a-c omitted due to lack of space) (d) Bicycle safety, to ensure that operators of motor vehicles have been instructed in the importance of safely sharing the road with bicyclists; and (e) Pedestrian safety, to ensure that operators of motor vehicles have been instructed in the importance of safely sharing the road with pedestrians.

(3) Should the director be presented with acceptable proof that any licensed instructor or driver training school is not showing proper diligence in teaching such basic minimum curriculum as required, the instructor or school shall be required to appear before the advisory committee and show cause why the license of the instructor or school should not be revoked for such negligence. If the committee does not accept such reasons as may be offered, the director may revoke the license of the instructor or school, or both.



in 5th. Because of the strong individual results, the team won the overall National Championship.

**Community:** The WWU Cycling Team takes pride in helping out in its community. In 2007, members participated in trail maintenance with WHIMPs; salmon habitat restoration with NSEA; bagging food for the annual Haggen Food Drive; food station support at the Chuckanut Century bike ride; and helped at many other local races and events. In 2008, the team plans to increase its volunteer hours in the community.



### OPPORTUNITY TO SUPPORT/VOLUNTEER FOR EARLY SEASON BIKE RACING ACTION:

Come support regional bike racing hosted right in your own back yard! WWU Cycling is once again hosting the North Shore Circuit Race, this year on March 29th. [http://www.wwucycling.com/events\\_northshore.php](http://www.wwucycling.com/events_northshore.php). Collegiate and USCF (including Seniors and Women) fields will be run. Please come help support the local collegiate team and the racing community by volunteering to help with the race. Plenty of able bodies are needed to produce a safe, fun and well-organized race. Positions include: drivers, corner marshals, registration attendants, set-up and clean-up crews. Minimum time commitments vary across the entire day, and are flexible depending on the position. Certified Flaggers are especially needed.

Please send an email to [staff@wwucycling.com](mailto:staff@wwucycling.com) if you would like to be a part of this great race and watch challenging race action up close!

-- Tela Crane, Phil Elsasser; WWU Cycling



Have you renewed your membership?  
Check the date on the mailing label and  
please please renew!!!

Happy New Year!! Let's go on a bike ride.

Mt. Baker Bike Club  
PO Box 2702  
Bellingham Wa 98227

