



MBBC

More Cycling = Better Community!

Mount Baker Bicycle Club Newsletter, Vol 23, Number 7, August 2014

2014 Chuckanut Century!

EARLY SIGN-UP SPECIAL UNTIL SEPTEMBER 1ST

Planning is moving right along for the Chuckanut Century, which is Sunday, September 14th this year. Doug has posters ready to distribute and would appreciate folks willing to put them up (360.410.6431 contact Doug about posters).

Early registration closes September 1st, so sign up by then to get a discount and to guarantee a tech-tee shirt. And remember, MBBC members can take an additional \$5 off your registration fee! Sign up on active.com or download the printable form on chuckanutcentury.org and mail it in with a check.

As September approaches, there will be need for people to mark roads, help on Sept 14th at registration and at the after-party at Boundary Bay. Whether you'll be riding or not, there are lots of ways to be involved with the Mt Baker Bike Club's annual "end of summer signature ride."

This year we're getting help from Taylor Bell, our wonderful Volunteer Coordinator, and from others involved with our beneficiary **OurTreeHouse**. If you'd like information on volunteering or help with the Chuckanut Century, please contact Taylor at volunteercentury@gmail.com or at 602.738.0119. General questions about the ride can also be directed to Doug Schoonover: chuckanutcentury@mtbakerbikeclub.org or 360.410.6431.

chuckanutcentury.org
our-treehouse.org

in this newsletter:

Chuckanut Century soon! .. 1
 Weekly Rides2
 2014 Rides/Events.....3
 Washington Bikes 4
 Fanatik Women's Rides... 4
 Summer Rides..... 4
 Pickford Bike-In 5
 Gigantic Bike Fest 5
 Welcome new members ..6
 Club Administration6
 Membership form.....6
 NWTR 2015 Update..... 7
 August Calendar 8

This month's contributors:
 Hilary Higgins, Louise McGrody, Kae Moe, Kathy Salisbury, Doug Schoonover.
 Thanks All!



the club online:

www.mtbakerbikeclub.org
www.chuckanutcentury.org

and our social sites:

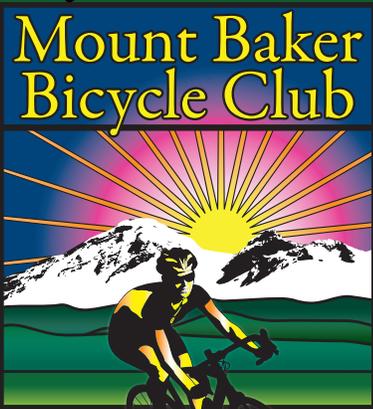
-  [facebook.com/mountbakerbicycleclub](https://www.facebook.com/mountbakerbicycleclub)
-  sports.groups.yahoo.com/group/MtBakerBicycleClub
-  twitter.com/mtbakerbike
-  [flickr.com/mtbakerbikeclub/](https://www.flickr.com/photos/mtbakerbikeclub/)



Ride for
CHUCKANUT CENTURY

Sunday, September 14, 2014

presented by



sponsored by









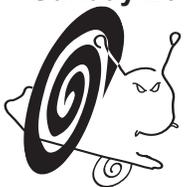
chuckanutcentury.org

WEEKLY AND GROUP RIDES



MBBC CLUB RIDES - participants are asked to sign a waiver and try out the ride -- then join the club after deciding if this is a ride you'll be attending regularly. Helmets are required on MBBC Club Rides.

Sunday Long-Slog Ride: Group ride for slower, but serious, riders who want to build strength and endurance. Pace averages 11-14 mph, and distance ~55 miles in August, increasing to reach 70+ miles in September. Meet 8:50am, leave 9:00am from Boulevard Park, near the bike racks behind Woods Coffee. Check MBBC website for weekly ride details. info: phredandlaurie@yahoo.com, 360-389-6891. (note: due to ride leader vacation, no Slog Ride on August 3).



Monday Evening "No-Name" Ride: Every Monday and Friday until mid-September ride through the charming backroads of Lynden, WA. This ride was created with beginners in mind but all are welcome. Gather in the parking lot of Bob's Burger (corner of The Guide and BirchBay-Lynden Rd) at 6pm, choose Monday or Friday or both. Pace 14-16 mph. Contact John 360-305-5742 or j.enyeart@comcast.net.

Tuesday Evening Summer Ride: start at WCC northeast parking lot north of Kellogg and Eliza. Meet 5:45pm leave at 6pm. Distance 15-20 miles; faster group 18-20+ mph, moderate group 16-18 mph and focus on the skills necessary to ride in groups. information: Doug Schoonover 410-6431 or chuckanutcentury@mtbakerbikeclub.org.

Wednesday Group Workout Ride: Moderate to fast pace 16-18 mph, 30 mile distance, meet at 5:30 pm, leave at 5:45 pm from Boundary Bay Brewery at Railroad Avenue. (another - faster - group leaves at 6pm and is not affiliated with the MBBC.) From late-September through March this is a night trail ride with lights. Re-group at brewery afterward (7:30 pm). Contact: Tim Ryan, t.ryan.2009@gmail.com.

Thursday "Going Up the County" Ride 14 - 17 mph pace, 20 miles, April - September. Gather at 6pm at Immanuel Lutheran Church parking lot, 1/2 mile N of Mt. Baker Hwy on Hwy 9/Lawrence Road. This is a convenient ride for all you county folk in Everson, Nooksack, Deming... Led by John Okan and Rick Jacoby. more information: Joka001@Luthersem.edu or 360-393-2435

Friday Evening "No-Name" Ride: Every Monday and Friday until mid-September ride through the charming backroads of Lynden, WA. See details above in the Monday listing for this ride.

OTHER LOCAL GROUP RIDES

Sunday Edison Social Ride starts from Edison Elementary School parking lot. 30-40 miles, 10-14 mph, route varies. 10 am start time. For additional info: Alfred Arkley arkley@comcast.net or 360-527-8638

Sunday Rabbit Ride: 32mi road ride, South on Chuckanut, back via Colony and Lake Samish. All welcome; come prepared to push yourself. Pace varies by individual. Small similarly-paced groups leave from Fairhaven Bike & Ski. Those who estimate a 2-or-more-hour ride time leave at 8am. Faster groups leave every 5 minutes thereafter. Info: John Hauter, johnh@fairhavenbike.com 733-4433.



Tuesday Ferndale Social Ride: starts from Pioneer Park in Ferndale, 30-40 miles, 13-16 mph route varies. Start time either 9am or 10am. To check time and other info: Bob Parker rmp-4724@hotmail.com or 360-671-6910

Tuesday Hot Laps 30-40 miles, race pace. Training ride departs from Kulshan Cycles at 6pm to a practice road race course. Summer months only.

Thursday South Social Ride starts from Edison Elementary School parking lot. 30-40 miles, 10-14 mph, route varies. 10 am start time. Info: Alfred Arkley: arkley@comcast.net or 360-527-8638

Saturday Donut Ride: 24 - 45 miles, race pace, departs from Kulshan Cycles, beginning March 1st will be back to the 7am start time. Goes to Ferndale and return, or if you wish continue to Birch Bay and return. Every week of the year!!

Saturday Recumbent Ride: Second Saturday of the month at 10 am. 14 mile intown course begins at Kulshan Cycles. Weather-dependent. Robert Parker at rmp-4724@hotmail.com or 360-671-6910



BIKE RIDES AND EVENTS IN 2014

Classes & Training

Bellingham REI Cycling related classes: check the monthly calendar at rei.com/stores/bellingham.html.

- August 18: Bike Maintenance Basics
- August 21: Hands-On Bicycle Maintenance: Drive Train
- August 24: Hands-On Bicycle Maintenance: Roadside Repair

Ever tried indoor cycling?

Come to our **FREE Cycling 101** classes (and other fitness classes) **September 2-8, 2014**



You'll learn about pedal stroke, cadence, and how to sit on a bike for the most comfort.
Schedule coming soon!



Fairhaven Fitness @ Bellingham Tennis Club
bellinghamtennis.com 360.733.5050

Races

- August 3:** Bellingham Youth Triathlon
www.cob.org/services/recreation/races/bellingham-youth-triathlon.aspx
- Sept 20:** Bellingham Traverse
recreationnorthwest.org/bellingham-traverse

Gatherings

- Pickford Bike-In: August 15** - 7:30 pm - see p. 5
- Nuu-Muu Intro Bike Tour: Aug 20-23** - see p. 5
- Gigantic Bicycle Festival (Snoqualmie): Aug 22-24**
giganticbicyclefestival.org - see p. 5

Trail, Parks, and Track Work Parties

- Bellingham Parks Dept. 360-778-7105 and cob.org/government/public/Volunteer/parks/schedule.aspx
August 12; 6:30 pm; Woodstock Farm
August 13; 10am; Big Rock Garden Park
- Bellingham BMX - course work - bellinghambmx.com
- Washington Trail Association wta.org/volunteer
August 2-3 - Schreibers Meadows
August 9-10 - Heather Meadows Trails
August 14-17, 23-24 - Heliotrope Ridge Trail
August 30-31 - Hannegan Pass



Mt Baker Bicycle Club - August 2014 3

2014 Rides

August

- 1 - 3** Tour de Lane (Eugene OR) tourdelane.com
- 2 - 3** Tour de Lavender (Kingston/Sequim) tourdelavender.com
- 2** Eight Lakes Leg Aches (Spokane) icsnw.org/8lakesride
- 3** Ride Ataxia (Seattle) rideataxia.org/seattle
- 3** Mt. Shasta Century (Mt Shasta CA) shastasummitcentury.com/
- 3 - 9** Ride Around Washington (LaConner to Ilwaco) cascade.org
- 3** Ride the Hurricane (Port Angeles) www.portangeles.org
- 6** Fanatik Women's Ride - Wine and Good Cause - see p. 4
- 8 - 10** Obliteride (Seattle) obliteride.org
- 9** O'Donnell's Tour de Poker (Everett) bicyclepokerrun.com
- 10** everybodyBike Summer Ride - see p. 4 everybodyBike.com
- 15 - 16** RSVP 1 (Seattle to Vancouver BC) cascade.org
- 15 - 17** Mountain Bike Oregon(part 2) mtbikeoregon.com/
- 16 - 17** RSVP 2 (Seattle to Vancouver BC) cascade.org
- 24** Woods to Woods Coffee Classic - see p. 4
(Bellingham, Lynden, Ferndale) everybodyBike.com
- 24** Tour de Victoria (Victoria BC) tourdevictoria.com
- 27** Fanatik Women's Ride - Bike to Beer Cruiser - see p. 4
- 31** Great Northwest Fall Tour (Newport WA) gnwft.homestead.com

September

- 1** Perimeter Ride Seattle wabikes.org/event-ride/pros2014 see p. 4
- 6 - 7** MS 150 Bike Ride (Mt Vernon) nationalmssociety.org
- 6 - 13** Cycle Oregon (Oregon) cycleoregon.com
- 7** High Pass Challenge (Packwood) cascade.org/hpc
- 13** Tour de Blast (Mt St Helens) tourdeblast.com
- 13** Passport to Pain (P2P) (Vashon Island) vashonp2p@gmail.com
- 13** Ride Around the Sound (Seattle/Tacoma)
ridearoundthesound.org
- 14** Chuckanut Century (Bellingham) chuckanutcentury.org
- 14** Retro Ride & Concours d'Elegance (La Conner)
- 14** Bainbridge Challenge (Winslow WA) summerchallengeride.org
- 14** Cycle the WAVE (Issaquah) cyclethewave.com
- 20** Tour de Whidbey (Oak Harbor) whidbeygen.org/wgh-foundation/
- 21** Kitsap Color Classic (Kingston) cascade.org/ride/major-rides

October

- 4** Manastash Metric Century/Half (Ellensburg) drier-ride.org
- 4** Kettle Mettle (Penticton) kettlemettle.ca
- 25** Boneshaker (La Conner) boneshakerbikefest.com

ON PAGES 4 AND 5:
LOTS OF RIDES, EVENTS,
INFORMATION, GATHERINGS, AND JUST ALL
THAT FUN STUFF THAT HAPPENS AROUND HERE
IN THE SUMMER.



Washington Bike Law Pocket Reference: Don't Leave Home Without It!

You'll want to have several copies of this business card sized reference to share with your cycling friend who blows through stop signs or that co-worker who tells you bikes don't belong on the road.

The Washington Bicycle Law Pocket Reference is a synopsis of our state's bike laws with the applicable RCWs (Revised Code of Washington) cited for further information. This handy little resource fits easily into your pocket or wallet so you can always have it on hand.

The pocket reference is produced by Washington Bikes and is free for the asking. Email info@wabikes.org to request copies.



PROS Ride to Raise Funds for Statewide Bike Advocacy

Celebrate Labor Day with a bike ride! PROS: Perimeter Ride of Seattle offers great cityscapes, Puget Sound views and some lofty hills. This ride is organized by Cyclists of Greater Seattle (COGS) as a fundraiser for Washington Bikes.

Riders have two routes to choose from: a full perimeter 80+ mile route and a lite version of about 60 miles. Registration is \$35 (\$40 after August 25) and includes snack stops and lunch. Early registrants will be entered into drawings for a Washington Bikes jersey and a custom bike sketch by Andy Goulding.

Register online: wabikes.org/event-ride/pros2014.

4 Mt Baker Bicycle Club - August 2014



FANATIK WOMEN'S RIDES

August 6 - Road, Wine, & A Good Cause. 6pm The Fork at Agate Bay Restaurant. 21 and over only. Admission: \$10 Donation to WMBC. Whatcom County ride followed by wine tasting at The Fork

August 27 - Bike to Beer Cruiser. 6pm Fanatik Bike Parking Lot.. Decorate your bike, and join parade through downtown, end at Chuckanut Brewery.

Sign up at least 24 hours before any ride you plan to attend. For information contact Kathy Salisbury: kathy@graniteprecast.com or on the Facebook Page: *Fanatik Women's Rides*

SUMMER RIDES ARE BACK!



EASY, SOCIAL, BIKE RIDES—EVERY OTHER SUNDAY.

everybodyBIKE presents Summer Rides, easy themed social rides of about 7 miles. The 2014 series runs every other Sunday, June through August. August's rides are:

August 10: 1pm. Did you know solar panels are made in Bellingham? Learn about solar panels, rain barrels and other ways you can make your home more sustainable. Ride meets at Western Solar, 319 East Champion St, Bellingham. Participants can enter for a chance to win Solar Bike Accessories!

August 24 short option: 1pm meet at 1135 Railroad Ave for a short tour of several in-Bellingham Woods locations.



August 24 long option: 9am, Woods 2 Woods Giant Redwood Classic Series Finale: 70 miles, self-guided tour of all 14 Woods coffeeshops in Whatcom county

everybodyBike.com



BELLINGHAM'S ANNUAL BIKE-IN FOR THE PICKFORD CINEMA IS AUGUST 15



The **Bellingham Bike-In** is August 15th at the Rooftop Cinema on top of the Parkade (downtown on Commercial Street, between Magnolia and Holly). Pickford Film Center will show the classic cycling movie "Breaking Away."

The evening starts at 7:30pm. Bring your bike and compete in the Bike Beauty Pageant, enjoy beer from Boundary Bay Brewery, shop bike centric vendors, visit the MBBC sponsor booth, and buy raffle tickets to win a Trek Steel District, donated by Kulshan Cycles, proceeds go to Pickford Film Center and Sterling Bike Works.

This event is being sponsored in part by the MBBC.



Nuu-Muu presents

MY VERY FIRST BIKE TOUR

Join Team Nuu-Muu for a three-night bike tour in the San Juans, August 20-23. Learn the ropes and experience the freedom of a multi-day trip! Riders can expect to cover 25-35 miles each day over rolling terrain with plenty of opportunity to enjoy lovely Puget Sound. Participants should be ready to comfortably ride 20+ miles and carry their own gear. We will be camping at state parks and campgrounds. Space is limited.

details: www.nuu-muu.com/firstbike.html



GIGANTIC BICYCLE FESTIVAL AUG 22-24 IN SNOQUALMIE

Gigantic is the Pacific Northwest's annual summer celebration of bicycle culture. The two day, mid-August festival features a diverse, multi-faceted and regionally representative mix of live music, hand-built bicycles, visual & performance art, film, comedy, guest speakers, sculpture, and interactive installation pieces.

The event is produced by The Levee Breaking, a support the arts non-profit and production company based in Seattle.

The 2014 Gigantic Bicycle Festival takes over Centennial Fields Park in Snoqualmie, Washington for the weekend of August 23rd & 24th. A supported road bike ride leaves Magnuson Park on Saturday August 23rd, to have riders arriving at the festival grounds during the afternoon Saturday. Riders, as part of their registration fee, get a full weekend pass to the Gigantic Bicycle Festival, and free admission to all Bike Reels and Inky Spokes events, along with a full zip bike jersey following the Gigantic Bicycle Festival poster design. giganticbicyclefestival.org



Inaugural Ride to fight Friedrich's Ataxia (FA) - August 3, Seattle

Five, ten, 22, and 53 mile route options. Article introducing this ride, and describing the fundraiser's cause, was printed in last month's MBBC newsletter.

rideataxia.org/seattle
Mt Baker Bicycle Club - August 2014 5

MBBC ADMINISTRATION



Welcome new members

Charlie Arcese
Brian Richeson

We're glad to have you in the MBBC!



Mount Baker Bicycle Club Board of Directors and Officers:

(position open) - President
Scott Dorough - Vice President
Jennifer Longstaff - Secretary/Membership
Brian Christensen - Treasurer
Eric Stromerson - Rides Coordinator
Hilary Higgins, Bill McCourt, Tim Ryan -- at large

Committees:

Chuckanut Century: Doug Schoonover
Media; Bellingham Marathon Escorts: Greg Rehm
Media; NW Tandem Rally 2015: Jennifer Longstaff
Graphic Design: Tim Ryan

Contacts:

Information-- bikebeham@gmail.com
Chuckanut Century -- (360 410-6431)
chuckanutcentury@mtbakerbikeclub.org
Newsletter -- mbbcnewsletter@mtbakerbikeclub.org
Tandem Rally 2015 - director2015@nwtr.org

Contribute to the MBBC newsletter submission guidelines:

Articles, editorials, photographs, and artwork are welcome for inclusion in the newsletter. Anything related to bicycling will be considered; please discuss ideas with the editor (mbbcnewsletter@mtbakerbikeclub.org) in advance to reserve newsletter space or if you have questions. Final materials are due the last Friday before the last full week of every month, though earlier submissions are appreciated. Text can be submitted in any common format, for example: plain text, HTML, MS Word, etc. Please use JPG, PNG, or TIFF format for photos, and ensure they are at least 250 ppi. Articles may be edited for grammar, spelling, and space considerations.

Please notify the MBBC of upcoming cycling events for inclusion in the events list/calendar. Provide details plus contact information.

Classified ads are a MBBC member privilege and are printed as space is available.

MBBC Membership Form for 2014

see member benefits and download membership form
at: mtbakerbikeclub.org/membership

New Member Renewing Member This is a change of address

Last name: _____ First name: _____

Address: _____

City: _____ State: _____ Postal Code: _____

E-mail: _____

Contact telephone number: _____

Associate member: _____

(An associate member is any person living at the same address as the individual member)

I would like to receive my newsletter via (choose one): on-line or printed & mailed

Would you like to help? Volunteers are our most valuable resource.

Please check any of the boxes that appeal to you and we will be in touch:

- Board Member Ride Leader Newsletter
 Chuckanut Century Bike to Work and School Day
 Special Events Tandem Rally 2015 Education
 I can provide discounts on _____

Membership type:

Individual: \$15 _____

Family/Associate: \$25 _____

Additional Donation: _____

(donations support community bicycling programs)

Total enclosed: \$ _____

Please enclose a check payable to:
Mt. Baker Bicycle Club

Mail to: Mt. Baker Bicycle Club
attention: membership
Post Office Box 2702
Bellingham, Washington 98227

Northwest Tandem Rally 2015 - nwtr.org/2015

BELLINGHAM NWTR COMMITTEE FIRING ON ALL CYLINDERS

Bellingham's contingent from the 2015 Northwest Tandem Rally Planning Committee went to Pendleton, Oregon for the 2014 NWTR and returned with pre-registrations of 100 people, a Title Sponsor, a bunch of "Bellingham 2015" caps sold, and a lot of enthusiasm.

Tandem Diversity has partnered with us as Title Sponsor for the July 2-6, 2015 event. A Bellingham company run by Mark and Chris Owings, Tandem Diversity is a tandem-focused sales and touring organization. The Owings bring local and national tandeming expertise, having toured around the world as well as collected a large number of tandem bicycles. www.tandemdiversity.com

Our Bellingham vendor fair booth at the Pendleton NWTR gained a lot of attention, thanks to the flashy banners loaned by our Banquet Sponsor, Bellingham Whatcom Tourism. We also had Voler jerseys fit-kits for people to try on and find their size, in anticipation of our NWTR 2015 jerseys which will be for sale next year. We had maps showing routes for 4 days of rides, and plenty of Bellinghamsters were available to talk up the great riding that is Bellingham and Whatcom/Skagit county in the summer.

There was enough buzz around the Pendleton rally to entice 100 people to pre-register for Bellingham's 2015 event. The special early-registration pricing that was offered only to Pendleton attendees was also a motivator.

The large (and getting larger) NWTR 2015 planning committee met in July and among status updates was the good news that the City of Bellingham parks department has agreed to sponsor RV and tent camping with special permission just for this event. Campers will be able to set up behind Civic Fields, which will put them close to the start of each day's rides, and to the host hotel: the Best Western Lakeway Inn. Registration, the annual rally Banquet (featuring The Atlantics) and Vendor Fair will be held at the Lakeway. Vendor spots are already being reserved!

In the next few months, the committee will be working on signing up more vendors and sponsors, as well as finalizing plans for lots of Bellingham-specific fun options for 2015 tandemers. On top of the excellent bicycling, rally attendees can expect craft beer tasting, Bellingham Bay cruising, music festival concerts, and more! Registration will open on January 1, 2015. nwtr.org/2015

Major Sponsors onboard a year in advance! Title Sponsor Tandem Diversity, Banquet Sponsor Bellingham Whatcom Tourism, Camping and Mass Start Sponsor Bellingham Parks Department, Goodie Bags donated by Whatcom Smart Trips, Central Venue Lakeway Inn



▲ NWTR Bellingham 2015's booth at the Pendleton NWTR vendor fair. Thanks to Bellingham Whatcom Tourism for banners, Voler for jersey sizing kit, and Chuckanut Century for MBBC banner.



▲ **The Tandem Diversity NWTR Bellingham 2015 Planning Committee:**
Kirsten, Jim, Chris, Andy, Mark, Cindy, Eric, Jennifer, Laurie, Linc, Dina, Doug, Kim, Marty, and Scott

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					August 1 Lynden NN Ride Tour de Lane	2 Donut Ride Tour de Lavender 8 Lakes Leg Aches
3 Rabbit Ride Edison Social Ride B'ham Youth Tri WTA Trail Day Ataxia Ride	4 Lynden No-Name Ride	5 Tuesday evening Summer Ride Ferndale social ride	6 Wed Group Ride Fanatik Womens' Ride	7 Up-County Ride Edison Social Ride	8 Lynden No-Name Ride Obliteride day 1	9 Donut Ride Recumbent Ride WTA Trail Day O'Donnell's Poker
10 Rabbit Ride Long Slog Ride Edison Social Ride eBike Summer Ride WTA Trail Day	11 Lynden No-Name Ride	12 Tuesday evening Summer Ride Ferndale social ride COB Trail Work	13 Wed Group Ride COB Trail Work	14 Up-County Ride Edison Social Ride WTA Trail Day	15 Bike-In Event Lynden No-name Ride WTA Trail Day RSVP 1	16 Donut Ride RSVP 2 WTA Trail Day 
17 Rabbit Ride Edison Social Ride Long Slog Ride WTA Trail Day	18 Lynden No- Name Ride REI class: Bike Maint Basics	19 Tuesday evening Summer Ride Ferndale social ride	20 Wed Group Ride	21 Up-County Ride Edison Social Ride REI class: Hands-on DriveTrain	22 Lynden No- Name Ride MBBC September Newsletter Deadline	23 Donut Ride WTA Trail Day
24 Rabbit Ride Long Slog Ride Edison Social Ride eBike Summer Ride REI class: Hands-on Roadside Repair	25 Lynden No-Name Ride	26 Tuesday evening Summer Ride Ferndale social ride	27 Wed Group Ride Fanatik Bike to Beer Cruiser	28 Up-County Ride Edison Social Ride	29 Lynden No-Name Ride	30 Donut Ride WTA Trail Day
31 Rabbit Ride Long Slog Ride Edison Social Ride WTA Trail Day	Sept 1 <i>Labor Day</i> Lynden NN Ride PROS ride Seattle	2 Tuesday evening Summer Ride Ferndale social ride	3 Wed Group Ride	4 Up-County Ride Edison Social Ride	5 Lynden No-Name Ride	6 Donut Ride MS 150 Day 1 CycleOregon begins



Mount Baker Bicycle Club

Post Office Box 2702
Bellingham, Washington 98227

Welcome to Bellingham
Now Get on Your Bike!
www.mtbakerbikeclub.org



If you are a club member and wish to receive a printed version of the newsletter rather than online, please inform mbcnewsletter@mtbakerbikeclub.org. Club members are entitled to a printed/mailed version sent to a US address.